

Recommended either for people with blemished skin when they first start on the products or for periods of blemish flare up:

For one- two weeks, skip the Freshener step:

In the morning – Use Deep Pore Cleanser to clean the skin, apply Klear Away on active blemishes and then use the Aloe Jelly on your whole face.

At night - Use Deep Pore Cleanser to clean the skin, apply Klear Away on the whole face and spot treat blemishes with the masque.

Use only the Rejuvenating Facial Peel to exfoliate (not the Scrub) 2-3 times a week.  
Use the Masque 3 times a week.

After one to two weeks there should be notable improvement and you can begin to reintroduce the Freshener. The reason that we skip the Freshener initially is because it can be too much stimulation for the skin until it has a chance to repair and heal.